

## The Ten Absolutes of Alzheimer's Care

- 1. Never ARGUE, instead AGREE.
- 2. Never **REASON**, instead **DIVERT**.
- 3. Never SHAME, instead DISTRACT.
- 4. Never LECTURE, instead REASSURE.
- 5. Never say **REMEMBER**, instead say **REMINISCE**.
- 6. Never say I TOLD YOU, instead REPEAT.
- 7. Never say YOU CAN'T, instead say DO WHAT YOU CAN.
- 8. Never COMMAND or DEMAND, instead ASK or MODEL.
- 9. Never CONDESCEND, instead ENCOURAGE and PRAISE.
- 10. Never FORCE, instead REINFORCE.

## Make Alzheimer's a Memory

ALZHEIMER'S TENNESSEE MAIN OFFICE 5801 Kingston Pike, Ste. 101, Knoxville, TN 37919 Phone: 888.326.9888 | Fax: 865.544.6249