



www.alzTennessee.org

FREE Online Caregiver Education Series

Figuring out memory loss, dementia, and Alzheimer's can be overwhelming, especially while balancing COVID. Invite friends and family to join you to learn from the experts and ask your questions.

Registration Required:

www.alzTennessee.org/CaregiverEducation

Thursdays in February @ 1PM CST / 2PM EST

Questions? Pat.Caron@TNalz.org or 615.580.4244

**Feb. 11: Memory Loss and Cognitive Decline:
Is it Alzheimer's Disease or a Related Dementia?**

Feb. 18: The Forgotten Caregiver

Feb. 25: Help Is Available! Don't Wait Too Late to Find Resources

Wednesdays in March @ 2PM CST / 3PM EST

Questions? Amanda.BarlowLeitch@TNalz.org or 731.694.8065

March 10: Caregiving Health Risks & Maintaining Your Health

March 17: A Caregiver's Toolbox – What You Need To Know

March 24: Being an Effective Caregiver

Tuesdays in April @ at 8:30AM CST/9:30AM EST

Questions? Tracey.KendallWilson@TNalz.org or Linda Johnson 865.544.6288

April 6: Identifying Signs of Decline during COVID and How to Best Adapt

April 13: Activities of Engagement in a COVID World

April 20: How a Pandemic Changed Legal Planning and What We Can Do

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