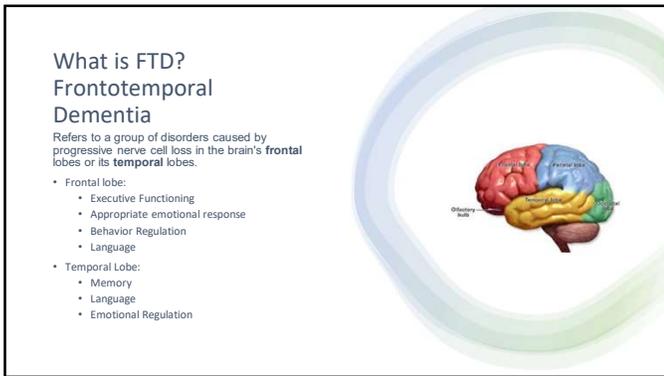
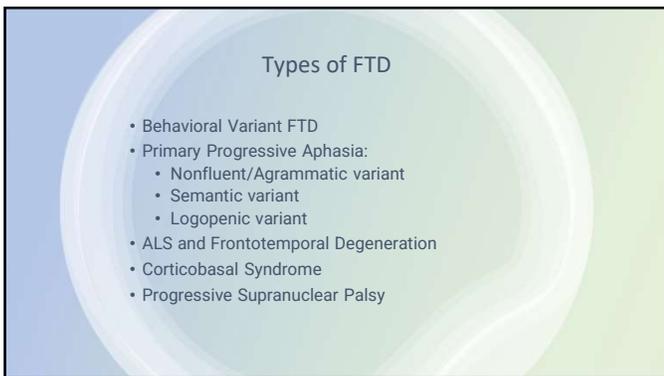


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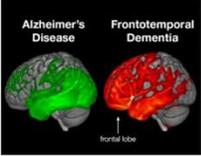
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Symptoms of FTD

- Behavior Symptoms
 - Problems with executive functioning
 - Social disinhibition
 - Compulsive behaviors
- Language symptoms
 - Aphasia
 - Dysarthria
- Emotional Symptoms
 - Apathy
 - Emotional irregularity
 - Lack of empathy
- Movement
 - Gait abnormalities
 - Tremors
 - Clumsiness
 - Apraxia

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Key differences between FTD and Alzheimer's



- Age
- Memory loss
- Behavior changes
- Problems with spatial orientation
- Problems with speech

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Care Strategies for FTD

- 
Routine and daily activities
- 
Addressing communication challenges
- 
Understanding and coping with behavioral challenges

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Routine and Daily Activities

- Develop a daily routine using the person's life story and personal preferences
- Engage in meaningful and productive activities
 - Recreational/Leisure
 - Daily household chores
 - Personal care activities
- Encourage exercise and physical activity

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Addressing Communication Challenges

- Listen carefully
- Minimize distractions
- Help a person fill in the blanks
- Keep language simple and concrete
- Use positive language
- Use repetition
- Respond to emotional needs
- Do not ask too many questions
- Do not try to explain too much or too far in advance
- Pay attention to your body language
- Do not argue, confront, or correct

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Understanding Behaviors

- Strange, inappropriate, or disruptive behavior may be the person's attempt to cope with uncertain surroundings.
- Understanding behaviors helps staff enter into the person's world, offer comfort, reassurance, or redirection.
- Understanding behaviors requires being a detective.

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Coping with Behaviors

- Look for environmental causes (glare, noise, lighting)
- Consider medical reasons (pain, depression, UTI)
- Stress empathy and understanding (it's the disease, not the person)
- Know and use the Life Story for ideas on redirection and support
- Employ a group-think process when possible
- Develop a consistent, calm message/strategy

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Access Resources

- Speech therapy
- Physical therapy
- Association for Frontotemporal Dementia (www.theaftd.org)

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Questions?

Thank you!

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