

Caring & Coping Caregiver Workshops



Dementia care experts and certified elder law attorneys will lead participants through a half day of education, encouragement and inspiration.

The training sessions will include all handouts. Visit exhibits hosted by our resource partners and create a resource packet. (Professional fee includes CEUs, pending for social work and long-term care administrators).

Both family and professional caregivers will find ongoing support and leave each session with the following:

- Knowledge about important legal issues surrounding elder care, including how to prepare your affairs to help care
- A better understanding of dementia, how it progresses, and available treatments
- Care strategies proven to work for those living with Alzheimer’s disease and related dementias, as well as tips to help caregivers take better care of themselves

“There’s no question this conference is worth gold to anyone who needs to know what the next step may be. You get all sorts of guidance, and concern for the caregiver. I miss my wife, even though she’s here. You just miss them as they were. It was helpful to find answers – especially for legal questions.”

Jay Riegel, caregiver for his wife with Alzheimer’s disease and Frontotemporal dementia



This project supported in part by the East Tennessee Human Resource Agency. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration on Aging policy.

SCAN TO REGISTER ONLINE TODAY!



Scan and sign up or go to our website: www.alzTennessee.org/workshops

\$25 family caregivers
\$45 healthcare professionals

4 Locations to choose from:
Sevierville, Clinton, Maryville and Knoxville

Or call 865-544-6288

FREE Silver Alert Kits available for Family Caregivers to help be prepared for if your loved one wanders. Download one today online at www.alzTennessee.org/SilverAlert.

WALK to Make Alzheimer’s a Memory!



Join us to support the 120,000 Tennesseans living with Alzheimer’s disease and related dementias, today. Alzheimer’s Tennessee Walks are family and pet friendly events full of inspiration and celebration!

Sign Up & Learn More at www.alzTennessee.org/Walk

FOOTHILLS WALK
Maryville College: Saturday, April 15

KNOXVILLE WALK
UT Gardens: Saturday, April 22

TRI-CITIES WALK
Johnson City: Saturday, April 29

5 COUNTY WALK
Downtown Clinton: Saturday, May 20

SMOKY MOUNTAIN WALK Pigeon Forge: SUNDAY, October 1



EAST TENNESSEE OFFICE
5801 Kingston Pike, Knoxville TN 37919
Ph. 865.544.6288 | Fax 865.544.6249



Make Alzheimer’s a Memory™

CARING AND COPING CAREGIVER WORKSHOPS

for families and professionals (CEUs pending)



FOR: family care partners, volunteers and professional care providers who provide support for those living with Alzheimer’s disease and related forms of dementia.



SCAN TO REGISTER ONLINE TODAY!

WORKSHOPS IN: SEVIER | ANDERSON | BLOUNT | KNOX COUNTIES

CARING AND COPING CAREGIVER WORKSHOPS

for families and professionals (CEUs pending)



Alzheimer's Tennessee began in 1983 with a small group of Tennessee families trying to face Alzheimer's disease together with a renewed sense of hope, confidence and accomplishment. Forty years later, Alzheimer's Tennessee – still headquartered in the Volunteer state with six regional offices – proudly continues investing in research and supporting LOCAL families living with dementia through a variety of programs.

SUPPORT GROUPS:



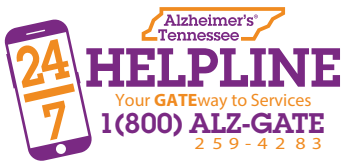
Caregivers for those living with Alzheimer's disease and other dementias can feel especially isolated and alone. Alzheimer's Tennessee organizes in-person and online support groups to provide comfort and practical help in coping with the disease – both for care partners and individuals in the early stages of the disease. Oftentimes, these "gatherings" serve as important sources of information as well as outlets for feelings and frustrations.

CAREGIVER ACADEMY:

Family caregivers for those with Alzheimer's disease often feel overwhelmed. Learning how to help their loved ones can help. The Alzheimer's Tennessee Caregiver Academy provides short online videos with experts, bringing important information to caregivers wherever and whenever it's needed.



24/7 ALZHEIMER'S TENNESSEE HELPLINE:



Our Helpline is open to people with memory loss as well as their caregivers, family members, health care professionals, and the public. Our locally-staffed Helpline provides support, information and referrals to 3,500 East Tennessee callers annually who are struggling with Alzheimer's disease and related dementias.

SEVIER COUNTY

Tuesday, April 4, 2023

King Family Library
408 High Street, Sevierville, TN 37862

CHECK-IN: 8:30 am | Breakfast 10:30 am
Ends at 12:30pm

Physician: Dr. Alex Garrido, MD, Geriatrician,
Blount Senior Care Partners

Attorney: Glen A. Kyle, Franklin & Kyle Elder Law

BLOUNT COUNTY

Thursday, June 15, 2023

New Providence Presbyterian Church
703 W Broadway Ave, Maryville, TN 37801

CHECK-IN: 8:30 am | Lunch 11:30 am
Ends at 1:30pm

Physician: Dr. Kevin James, MD, Geriatrician,
Blount Senior Care Partners

Attorney: Julia K. Price, Elder Law of East Tennessee

ANDERSON COUNTY

Wednesday, May 3, 2023

Clinton Senior Center
96 Mariner Point Drive, Clinton, TN 37716

CHECK-IN: 8:30 am | Lunch 11:30 am
Ends at 1:30pm

Physician: Dr. Cynthia Pearman, MD,
a Clinical Assistant Professor
at the University of Tennessee
Graduate School of Medicine

Attorney: Bailey Schiermeyer,
Elder Law of East Tennessee

KNOX COUNTY

Thursday, June 22, 2023

Rothchild Event Center
8807 Kingston Pike, Knoxville, TN 37923

CHECK-IN: 8:30 am | Lunch 11:30 am
Ends at 1:30pm

Physician: Roberto Fernandez-Romero, MD, MPH, PhD,
Neurologist, Director of The Pat Summitt Clinic

Attorney: Amelia Crotwell, Elder Law of East Tennessee

Presenter: Karen Stobbe, "Being in the Moment"

\$25 for Family Caregivers **\$45** for Healthcare Professionals (CEUs pending)

REGISTER Online at www.alzTennessee.org/Workshops or call 865.544.6288

